

**WHAT IS CLAIMED IS:**

1. A method of shaving comprising applying to an area of skin a shaving composition and shaving said area of skin, wherein the shaving composition comprises an aqueous solution including a cleansing or conditioning agent for hair or skin, water-insoluble lubricating polymer particles comprising polytetrafluoroethylene, and a water soluble polymer, the shaving composition being substantially free of anionic polymers.
2. The method of claim 1 wherein the water soluble polymer comprises polyethylene oxide.
3. The method of claim 1 wherein the shaving composition is in the form of a shaving lotion, cream, foam or gel.
4. The method of claim 1 wherein the lubricating polymer particles and water soluble polymer are present in a ratio of about 0.25:1 to about 3:1.
5. The method of claim 1 wherein the shaving composition includes from about 0.005% to 2% of said lubricating polymer particles.
6. The method of claim 1 or 5 wherein the shaving composition includes from about 0.01 to 2.0% of said water soluble polymer.
7. The method of claim 1 wherein the polymer particles have an average particle size of from about 1  $\mu\text{m}$  to 100  $\mu\text{m}$ .
8. The method of claim 1 wherein the shaving composition further comprises from about 3 to 25% of a water dispersible or water soluble surface active agent.
9. The method of claim 1 wherein the cleansing or conditioning agent is selected from the group consisting of beard wetting agents, skin conditioning agents, cleansing agents, lathering agents, emollients, humectants, skin freshening and soothing agents, silicones, vitamins, and water dispersible or soluble surface active agents.
10. The method of claim 1 wherein the water soluble polymer is selected from the group consisting of polyethers, vinyl polymers, vinyl copolymers and terpolymers, natural polymers, and mixtures thereof.
11. The method of claim 1 wherein the water soluble polymer comprises a blend of polyethylene oxide and a water soluble natural or synthetic gum.
12. The method of claim 10 or 11 wherein the shaving composition includes from about 0.01 to 2.0% of said water soluble polymer.

13. The method of claim 10 wherein said water soluble polymer has a molecular weight of at least one million.

14. A shaving composition comprising  
water,  
a cleansing or conditioning agent for hair or skin, and  
a lubricating agent comprising

(a) lubricating polymer particles comprising PTFE, and

(b) a water soluble polymer

wherein the lubricating agent is substantially free of anionic polymers.

15. The shaving composition of claim 14 wherein the water soluble polymer is selected from the group consisting of polyethers, vinyl polymers, vinyl copolymers and terpolymers, natural polymers, and mixtures thereof.

16. The shaving composition of claim 14 wherein the water soluble polymer comprises polyethylene oxide.

17. The shaving composition of claim 14, 15 or 16 wherein the shaving composition includes from about 0.01 to 2.0% of said water soluble polymer.

18. The shaving composition of claim 15 wherein said water soluble polymer has a molecular weight of at least one million.

19. The shaving composition of claim 14 wherein the water soluble polymer comprises polyethylene oxide.

20. The shaving composition of claim 14 wherein the shaving composition is in the form of a shaving lotion, cream, foam or gel.

21. The shaving composition of claim 14 wherein the lubricating polymer particles and water soluble polymer are present in a ratio of about 0.25 to 3.

22. The shaving composition of claim 21 wherein the shaving composition includes from about 0.01 to 2% of said water soluble polymer.

23. The shaving composition of claim 14 wherein the polymer particles have an average particle size of from about 1  $\mu\text{m}$  to 100  $\mu\text{m}$ .

24. The shaving composition of claim 14 or 22 wherein the shaving composition includes from about 0.005% to 2% of said lubricating water-insoluble polymer particles.

25. The shaving composition of claim 14 wherein the shaving composition further comprises from about 3 to 25% of a water dispersable or water soluble surface active agent.

26. The shaving composition of claim 14 wherein the cleansing or conditioning agent is selected from the group consisting of beard wetting agents, skin conditioning agents, cleansing agents, lathering agents, emollients, humectants, skin freshening and soothing agents, silicones, vitamins, and water dispersible or soluble surface active agents.

27. The shaving composition of claim 14 in the form of a lotion, cream, foam or gel.

28. The shaving composition of claim 14 additionally comprising a volatile self-foaming agent.

29. The shaving composition of claim 14 wherein the water soluble polymer comprises a blend of polyethylene oxide and a water soluble natural or synthetic gum.

30. A shaving composition comprising:

water,

a cleansing or conditioning agent for hair or skin, and

a lubricating agent comprising

(a) from about 0.005% to 2% of lubricating polymer particles comprising PTFE, and

(b) from about 0.01 to 2.0% of a water soluble polymer selected from the group consisting of polyethers, vinyl polymers, vinyl copolymers and terpolymers, natural polymers, and mixtures thereof.

31. A shaving composition comprising:

water,

a cleansing or conditioning agent for hair or skins selected from the group consisting of beard wetting agents, skin conditioning agents, cleansing agents, lathering agents, emollients, humectants, skin freshening and soothing agents, silicones, vitamins, and water dispersible or soluble surface active agents, and

a lubricating agent comprising

(a) from about 0.005% to 2% of lubricating polymer particles comprising PTFE, and

(b) from about 0.01 to 2.0% a water soluble polymer;

wherein components (a) and (b) are provided in a ratio of about 0.25 to 3.